



How well is your diabetes treatment plan working?

You and your doctor can get a better idea of how well-controlled your blood glucose has been on average based on your A1C test results.

"As a person with diabetes, do I really need both blood glucose and A1C tests?"

Short answer—yes.
Take a closer look at the differences to find out why.



Blood Glucose vs. A1C

Blood Glucose Monitoring (BGM)	A1C
Measures the level of glucose that was present in your blood at the time of testing ⁵	Measures your average blood glucose level over the last 3 months. ²
Can be used to determine the immediate impact of food, exercise, medication, etc. on your blood glucose. ⁵	Can be used to monitor the effectiveness of your diabetes management and treatment plan ²
Test multiple times a day ⁴	Test 2 to 4 times per year, depending on your doctor's recommendation ¹
Helps identify hyperglycemia and hypoglycemia ⁶	Strongly associated with cardiovascular outcomes in patients with diabetes and high cardiovascular risk. ³

Get all the benefits of regular A1C testing from the comfort of your home.

With the ReliOn A1C Self Test System, people with diabetes can...

- Administer A1C tests from the comfort and convenience of their own homes
- Save time traveling back and forth from office visits and lab appointments

Accurate results in 5 minutes

- Compact and battery-powered
- Small fingerstick (5 µL) blood sample
- No maintenance
- Affordable



Easy to Use

You can learn to use the ReliOn A1C Self Test System in about 5 minutes! Watch the video tutorial at <https://ptsdiagnostics.com/relion-a1c-self-test-training/>



Test Kit includes:

- 1 analyzer
- 2 test cartridges
- 2 lancets
- 2 blood collectors and shakers

Sources:

- 1 Retrieved March 16, 2021, from https://care.diabetesjournals.org/content/43/Supplement_1/S66
- 2 Retrieved March 16, 2021, from <https://www.diabetes.org/a1c>
- 3 Retrieved March 16, 2021, from <https://www.endocrinologyadvisor.com/home/topics/diabetes/type-2-diabetes/hemoglobin-a1c-can-predict-cardiovascular-outcomes-in-high-risk-patients-with-diabetes/>
- 4 Retrieved March 16, 2021, from <https://www.mayoclinic.org/diseases-conditions/diabetes/in-depth/blood-sugar/art-20046628>
- 5 Retrieved March 29, 2021, from <https://www.diabetes.org/healthy-living/medication-treatments/blood-glucose-testing-and-control/checking-your-blood-glucose>
- 6 Retrieved March 16, 2021, from <https://www.ncbi.nlm.nih.gov/books/NBK279510/>

For More Information:

Visit us online at: <https://www.walmart.com/ip/ReliOn-A1C-Self-Test-System/651908906>
or call Customer Service at 1-855-776-0662